

Attention All



Please note if you:

- ❖ In the past 14 days, travelled outside of Canada
- ❖ Have come in close contact with a positive case for COVID-19, or with a person who is sick with the new respiratory symptoms (respiratory symptom's can include fever, cough or difficulty breathing)
- ❖ Are experiencing any of the following symptoms (or a combination of these symptoms):
 - fever
 - New cough
 - Shortness of breath (even when you're not active)
- ❖ Are experiencing 2 or more of the following symptoms:
 - Muscle aches
 - Fatigue
 - Headache
 - Sore throat
 - Runny nose

You must self-isolate at home for 14 days from when you travelled/your symptoms started or you had close contact. Inform your Immediate Supervisor or the Health Centre.